

Spiritual Power Inventory



Have you taken inventory
of the power dynamics
represented in
your relationships?



Developed by:

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Who do you trust?

Who do you go to for guidance,
emotional holding, or support?

How has this person
earned your trust?



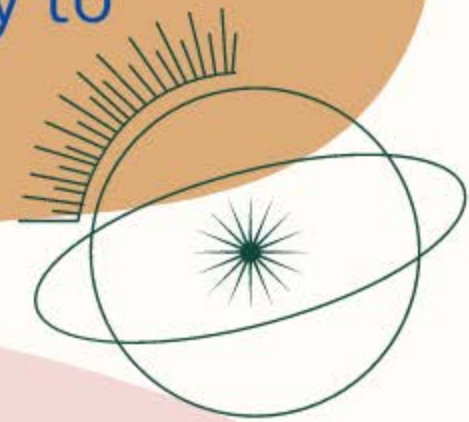
2

Do you have a way out?

If any of those individuals were to interact with you in a way that felt **violating, manipulative,** or **abusive,** would there be a way to **get out** of that relationship?

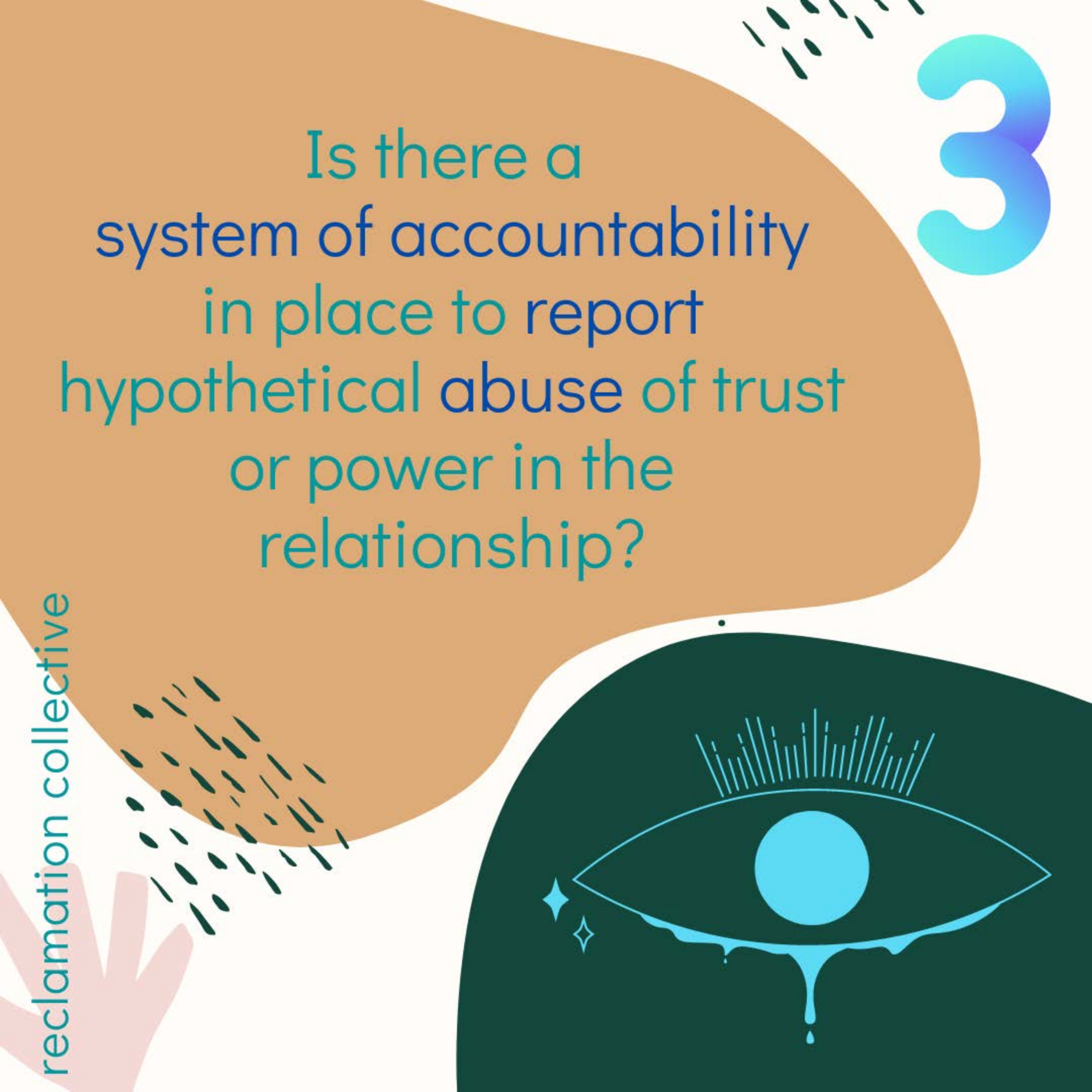
Do you have any **basic needs** tied to your proximity to this person/community/belief system?

reclamation collective

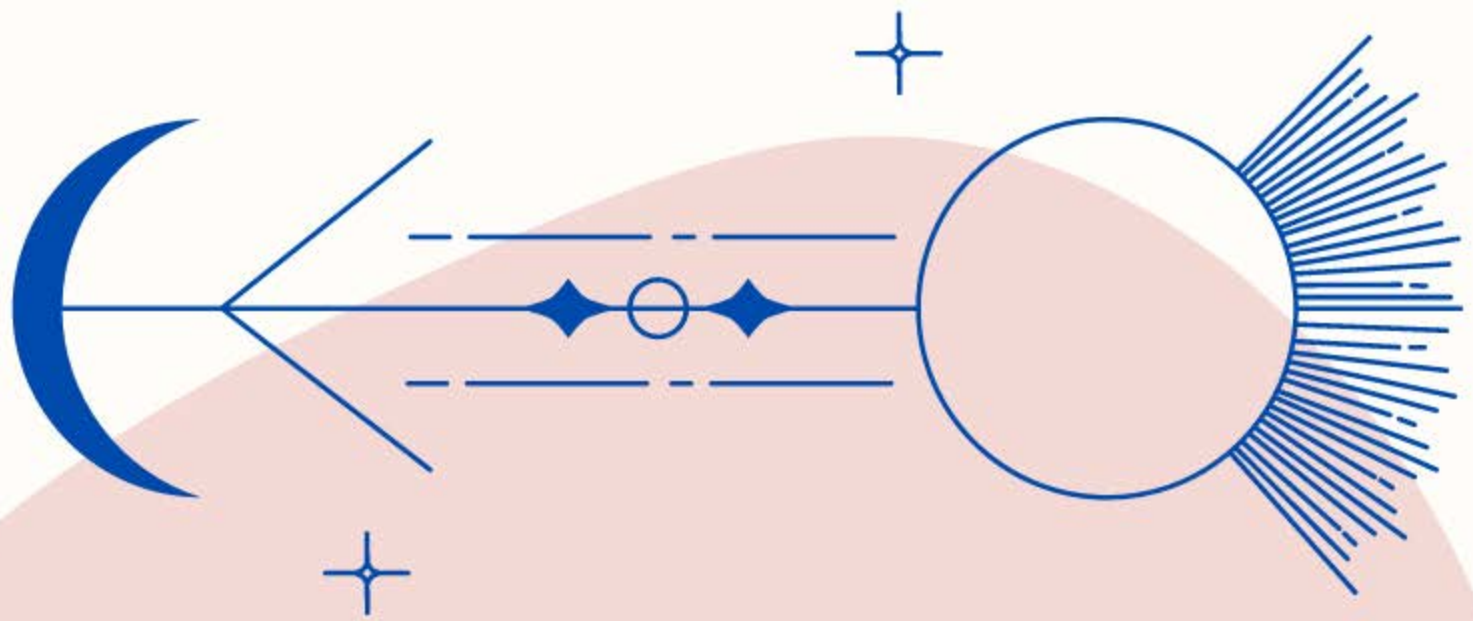


Is there a
system of accountability
in place to report
hypothetical abuse of trust
or power in the
relationship?

3



4



Do you have the
opportunity or sense of
safety to **set boundaries**
with this person?

5



**Has this person
communicated where
their supportive role
begins and ends?**

